

### Saturday

Time	Event (M )	Event (W )
11.00	100 m H1 11.00	
11.20		100 mh H1 11.20
11.30		100 mh H2
11.50	Long jump 11.50	
12.10		
12.15		High Jump 12.15
14.05		
14.10	Shot put 14.10	
14.50		Shot put 14.50
15.25		
15.30	High Jump 15.30	
16.30		
16.45		200 m H1 16.35
16.40		200 m H2
17.15	400 m H1 17.15	

### Sunday

Time	Event (M)	Event (W)
10.00	110mh H1 10.00	
10.05		
11.00	Discus throw 11.00	
11.20		
11.30		Long jump 11.30
12.05		
12.20	Pole vault 12.20	
13.50		
14.00		Javelin 14.00
14.35		
15.10	Javelin 15.10	
15.30		
16.15		800 m
16.50	1500 m	